

MBUYA PARENTS' SCHOOL



PRIMARY ONE HOLIDAY WORK FOR TERM 1 2020 - WEEK 9

SCIENCE

NAME _____ STREAM _____

Diseases

Diseases are illnesses that affect people or animals

Common diseases

List down the examples of common diseases

- Malaria
- Diarrhoea
- Flu
- HIV/AIDS
- Measles
- Mumps
- Scabies
- Typhoid
- Chicken pox
- Cholera
- Trachoma
- Pneumonia
- Diphtheria
- Tuberculosis
- Dysentery

Non curable diseases (Diseases without cure)

- AIDS
- Cancer
- Diabetes
- High blood pressure
- Asthma
- Sickle cell anaemia

How diseases spread

State the ways through which diseases can spread.

- Eating dirty food.
- Drinking dirty water
- Eating from dirty containers
- Through insect bites
- Eating with dirty hands
- Close body contacts
- Through air
- Through animal bites

Activity

Fill in the missing letters

Sc_bies ch_lera m_lar_a m_mps me_sles typh_id

2. Name two ways diseases can spread

- I.
- II.

Vectors

Vectors are living things that spread disease germs

Examples of vectors

- Mosquito
- Housefly
- Ticks
- Cockroach
- Tsetse fly
- Lice

Diseases spread by vectors

House fly-cholera, trachoma, diarrhoea,

Mosquito-malaria, yellowfever, elephantiasis

Cockroach-polio, cholera, diarrhoea

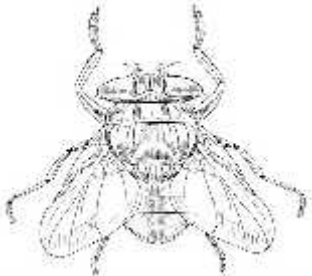


Ticks- typhus fever

Rabid dogs/ infected dogs- rabies

Tsetse flies- sleeping sickness

Activity

1. Name these things that spread diseases

2. Draw these living things that spread diseases to us.

Dog	Cockroach

Ways of preventing the spread of common diseases

- By sleeping under a mosquito net.
- covering food
- bathing
- washing hands before eating
- drinking clean water
- immunizing children
- washing hands after using a
 - latrine/toilet
- clearing bushes
- disposing waste /rubbish properly
- Avoid sharing sharp piercing objects
- eating clean food
- brushing our teeth daily.
- eating a balanced diet
- burning rubbish
- using latrines well

Activity:

1. Name two insects that spread diseases to us.

(i).....

(ii).....

2. Identify the ways of preventing diseases in the pictures



3. Give two common diseases at school.

(i).....

.....

(ii).....

.....

4. What is she doing?



5. Mention any two ways of preventing diseases at home.

(i).....

.....

(ii).....

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